

LEADER AS COACH JOURNEY

Starting 11-12 October 2016 - Ichibani, Rolle

- Is something in the way you lead or work with teams missing?
- Are your team or your peers as motivated and engaged as they could be?
- Does your leadership need new depth?
- Are you looking for ways to improve productivity & innovation?
 - Join us on this 4-month leadership journey, starting with an interactive, action-learning two-day workshop.
- Learn how you can shift your conversations to impact your relationships and the bottom-line results of your team.

This journey starts with a two-day experiential & interactive workshop, where you will learn to:

Improve collaboration and engagement:

- during projects
- working with teams and peers
- motivating and engaging others in all areas of your life

Learn the power of questions to:

- open new possibilities
- generate tangible solutions
- create a genuine sense of personal ownership

Listen with depth and clarity in order to:

- identify and remove wasteful and "non-listening" behaviours
- develop interaction skills that build trust and collaboration
- enable others to cut to the core of their issue

Target audience

- Leaders & managers of organisations
- Entrepreneurs & independents
- Consultants, project managers
- All those who are interested in leadership, of themselves and others

Course leaders

- Daniel Ahlers, Executive Director, Centre for Coaching Switzerland
- Michele Stoudmann, Director, Centre for Coaching Switzerland

Course details

- Date: 11-12 October 2016
- Times: 09h00 to 18h00
- Venue: Ichibani, Business Center A-One, Rolle
- Price: CHF 1 200. This special introductory offer includes 3 follow-up coaching circles (16 Nov 2016, 11 Jan 2017 and 1 March 2017).
- Early-bird rate: CHF 900 (before 23 September)

For more information / registration: info@centreforcoaching.ch or call: +41 79 615 57 51 Number of participants is limited





Leader as Coach Journey - An Introduction to Coaching

Our research over the years has revealed that no single workshop event, no matter how well done, will result in a lasting change in behaviour. Within the frame of our group learning context, we have designed an introductory coach skills training process consisting of the two-day "Leader as Coach" workshop, followed up by three, one-day "Coaching Circles" every 6 weeks after the workshop.

Proposed dates: 16 November 2016, 11 January 2017 and 1 March 2017. Dates and locations of the circles to be finalised with the participants of each circle.

This effectively changes the *Leader as Coach* workshop from an event into a 4-month leadership journey that does result in lasting behavioural change in those who are open to such changes.

What can you expect to take away?

- The ability to inspire others, to unlock potential and to encourage innovation is central to being an effective leader, as well as for all of us who interact with others on a regular basis.
- Learning the fundamentals of coaching is a powerful addition to any leader's skill set and will allow you to lead in a coaching way when the occasion demands it.
- Follow-up Coaching Circle sessions to develop, deepen and demonstrate competency.

Please contact us for more information: info@centreforcoaching.ch or +41 79 615 57 51

Leader as Coach Journey 4 months **COACHING CIRCLE 3** Live Coaching Circles COACHING CIRCLE 1 Circle 4 Debrief · Background & theory 1 March 2017 Closure of Circles · Teaching video & agreement of discussion next steps Configuration · Live Coaching Circles Circle 3 Debrief COACHING CIRCLE 4 11 January 2017 Closure of workshop · Live Coaching & agreement of next steps Debrief LEADER AS COACH Agreement of how · Defining coaching to take forward Circle 2 Skills of a coach into the future 16 November 2016 · Flow of coaching Closure of process • Practice as a whole • Leadership & what this means · Differences COACHING CIRCLE 2 LAC Workshop between Live Coaching 11-12 October 2016 coaching & other Circles modalities Debrief · Identifying when • Closure of Circles & how to coach & agreement of next steps Building mutual trust, mutual respect and mutual freedom of expression



Course Leaders



Daniel Ahlers is a Certified Professional Integral Coach®, and Executive Director of the Centre for Coaching (Switzerland). Passionate about coaching since 2010, he accompanies (either individually or in teams) senior managers and executives, within large multinationals, SMEs & NGOs.

He has also been mentoring on training programmes run by the Centre since 2014. He is certified through the ICF (Associate Certified Coach).

Daniel spent more than 15 years working in a corporate environment in the publishing industry, covering numerous domains including financial

controlling, Sales & Marketing and Innovation operating at Executive Committee level. More recently, he founded and directed Le News, an Anglophone media for Switzerland.

His work in multinationals, in particular in the field of innovation, and his experience in launching and directing Le News, a new media business, has allowed him to develop a keen appreciation of the challenges facing leaders and entrepreneurs who operate in multicultural environments.

To unwind, he enjoys ski-touring, golf and martial arts (Karaté - 1st Dan).



Michele Stoudmann is a Certified Professional Integral Coach® and Director of the Centre for Coaching (Switzerland). She is also a mentor on the coach training programmes run by the Centre, and is passionate about guiding her clients towards greater clarity and possibility in all aspects of their lives.

Michele spent 10 years in a corporate environment, working for the Development Bank of Southern Africa (Johannesburg) in Public Relations as an editor and translator.

Since 2004, Michele has been deepening her understanding of the field of personal development, and the role of emotions on both the mind and the

body. She is both a certified Advanced EFT Therapist and an Accredited Senior Journey® Practitioner, and gives workshops and seminars on Presence and Leadership.

Michele has a deep appreciation of multicultural challenges, of the richness of interpersonal work with clients, and of the uniqueness and potential residing in each human being.

She is a credentialed member of the International Coach Federation (ACC) and an active member of Soroptimist International, a worldwide service organisation working to improve the lives of women and girls.



Centre for Coaching (Switzerland)

Established in 2002, the Centre for Coaching, an internationally accredited Centre for executive coach training and leadership development, is situated at the University of Cape Town's Graduate School of Business (GSB), and is present in South Africa, Australia and Switzerland.

Its courses form part of the GSB Executive Education suite of offerings and are thus informed by both academic rigour and coaching practice.

The Centre for Coaching links into over 25 years of cutting edge coaching course development and experience offered through its alliance with New Ventures West in San Francisco.

Through our global consulting arm, the Centre for Integral Leadership, we also consult to organisations in using coaching as a tool to develop a transformational culture shift and to implement powerful leadership in business, building an aware, agile and adaptable capacity to lead generatively.



For more info:

Visit our website, http://www.centreforcoaching.ch/

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