

*Primal Pathways*

*In Collaboration with*



Presents

*Wild Luangwa*  
A WILDERNESS  
COACHING MASTERCLASS

*North Luangwa National Park, Zambia  
August 19 - 24, 2021*



20  
21

" NATURE IS NOT A PLACE TO VISIT. IT IS HOME. "

*Gary Snyder*



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# *North Luangwa*


N A T I O N A L P A R K

*Zambia*

The Luangwa Valley in Zambia is arguably the most remote and unspoilt wilderness left in Africa. Deep within this valley, in her most distant reaches, North Luangwa National Park stands unrivalled as a place of seclusion and solitude. This remote sanctuary is a forgotten world. For those seeking new inspiration and greater perspective, nowhere is nature's spirit and intelligence more unhindered and tangible.

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A close-up, high-contrast photograph of a lion's face. The lion's eye is the central focus, with a bright reflection on its surface. The fur is a mix of golden-brown and dark brown tones, with fine details of the hair texture visible. The lighting is dramatic, with deep shadows on the left side of the face and highlights on the right.

*Three things cannot be long hidden:  
the sun, the moon,  
and the truth.*

Buddha







# LUANGWA WILD

A U G U S T 1 9 - 2 4 , 2 0 2 1

*North Luangwa National Park, Zambia*

Primal Pathways and the Centre for Coaching (a centre for excellence at the University of Cape Town's Graduate School of Business), are excited to offer a unique Wilderness Coaching Masterclass in one of Africa's most remote and untouched wildlife sanctuaries. From 19 - 24 August 2021, Janine Ahlers and Brent Harris will lead a life-changing, five-day wilderness-immersion, delving into the transformative perspectives of nature, deep in the vastness of North Luangwa National Park.

Limited to a group size of six, this experiential journey is a rare opportunity to encounter the undisturbed purity of the African wilderness, accompanied by sensitive and insightful guiding and one of the continent's most experienced coaches.

In order to adopt more powerful thought patterns, and release habits that no longer serve us, we must step out of our familiar environment and see the world from new eyes.

We explore the African wilderness on foot, tracking animal movements and uncovering signs of their predicaments. The longer we follow animal pathways, the more we learn about the vastness of each creature's individual world and how integrally interconnected their lives are with the landscape around them.

These creatures are no stranger to challenge and adaptation. In them we will witness deeply embodied leadership qualities and life lessons that invite us to broaden our own fields of view.

Through a series of exercises, the participants reflect on their own purpose for embarking on this unique voyage and come away with empowering tools, narratives and coaching competencies.

In nature, there is no separation between the inner and outer landscape. Our physical, spiritual, emotional and cognitive experience merges with our surroundings.





## PARTICIPANT PROFILES

Application to participate on this masterclass is open to qualified Integral® coaches searching to expand their coaching skills and co-facilitate their own groups on Primal Pathways wilderness trails.

Participants should be open to being coached collectively and individually, which is often an intense process.

This experience is for coaches seeking their own self-development. Your ability to grow and assimilate what you learn will rest on your willingness to embark upon your own inner journey.



## CERTIFICATE

On completion of this journey participants will:

- Be awarded a Primal Pathways Facilitator Certificate. Together with an ICF credential, this certifies a coaches to accompany their groups as Primal Pathways Wilderness Trail Facilitators. Facilitators are always accompanied by a Primal Pathways Guide.
- Receive a Wilderness Coaching Manual for those who wish to facilitate future groups using this knowledge.
- Be awarded a Certificate from the Centre for Coaching to verify their completion of the Wilderness Coaching Masterclass.
- Be able to claim up to 40 ICF Core Competency, Continuing Coach Education (CCE) Units for renewing ICF credentials.
- Earn CCEU credits for your annual re-accreditation with New Ventures West (USA).





## ACCOMMODATION

Our camp in North Luangwa is situated on the sandy riverbank of a crystal clear perennial river. Long stretches of water are too shallow for hippos and crocodiles, making it safe for us to wade across, or lie down in ankle-deep waters. The camp, consisting of four thatched chalets, is rebuilt each season, using only indigenous raw materials. En-suite bathrooms open to the stars and uninterrupted views of the river.



## CUISINE

We pride ourselves on providing fresh and healthy foods. Our fruits and vegetables are home grown in our own vegetable patch alongside the protected sanctuary. To get them to this remote corner of the wilderness, they are flown with their roots in tact, and re-potted to keep them fresh for your stay.

Cooking is done over an open fire and our oven is a hole dug in the ground. The high standard of foods that are produced in this manner, in this remote location, constantly amazes participants. We cater to all dietary requirements, whether vegetarian, vegan, gluten or lactose intolerant, kosher, or any other.

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# Facilitators

B R E N T H A R R I S



*Besides working as a wilderness guide since 2001, Brent is the founder of Primal Pathways. While continuing his own soulful enquiry into nature, he shares his unique insights on animal behaviour through our wilderness trails and as a keynote speaker at events internationally. Brent has completed both the 6-month Coaching for Development course as well as the 12-month Professional Coaching Course with the Centre for Coaching at the University of Cape Town Graduate School of Business.*

*Brent's kinship with nature was instilled in early childhood, growing up on a farm in rural South Africa. Alongside his wilderness work, he has undertaken solo journeys into the Amazon Rainforest, rehabilitated a Puma in the clouds forests of Bolivia and surfed world renowned big waves in Hawaii.*

*At the University of Cape Town he obtained a bachelor of commerce degree in 1995. However, his soul felt unsettled and in 1998 he left his employment with JPMorgan to explore his thirst for interaction with nature. This led him onto his first solo expedition into the Amazon Rainforest. Travelling in a canoe and on foot, sleeping in a hammock and eating fish he caught in the rivers, he found himself living his true calling: to explore our vast connection with the natural world.*

*In 2000, Brent returned to Africa to begin his formal guide training at Phinda Game Reserve, South Africa. He spent formative years guiding at Ngala Private Game Reserve in Kruger National Park, where he was mentored by renowned Shangane trackers John Marimane and Eric Mabelane. He was the first guide to be licensed under South Africa's national qualification structure (THETA).*

*Since these early days he has worked through countless wilderness camps and led expeditions to destinations throughout the African continent. In addition to his South African qualifications, Brent is a licensed walking-guide for Kafue National Park, South Luangwa National Park and North Luangwa National Park in Zambia.*

*In 2014 he was gazetted as an Honorary Wildlife Police Officer of South Luangwa National Park.*

*With extensive trails guiding experience, he now operates the Primal Pathways walking trails, deep in the original home of walking safaris: the Luangwa Valley. Brent is uniquely qualified to lead sensitive animal-encounter experiences and is greatly respected by the guiding fraternity as well as by local communities. He believes that nature has a voice of its own and his style of guiding is to facilitate his guests' innate understanding of their surroundings.*



# Facilitators

J A N I N E A H L E R S



*Janine Ahlers is a Master Certified Coach and Director of the Centre for Coaching, a centre for excellence situated at the UCT Graduate School of Business (GSB). Janine is Director of three organisations: Centre for Coaching South Africa, Cfc Consulting (Africa, Middle East and Switzerland) and Centre for Coaching (Switzerland). She also holds the position of Senior Lecturer at the GSB, lecturing in Coaching and Leadership Development to MBA and Executive Education students. She has delivered and published research papers at academic peer-reviewed conferences, and has published book chapters and articles on the topic of coaching in leadership development.*

*Janine spent more than 10 years working in the corporate, manufacturing and business environment where she was required to network and operate at senior executive levels. She held positions as Director, Exco member, Head of HR, and also handled marketing, production and start-up operations. Janine held a number of musical positions in the National Orchestra before she started her corporate career. She continues to play the violin in orchestras and quartets whenever possible.*

*Janine has been coaching since 2002, primarily to senior executives who are often working on strategic, leadership and relationship challenges. Her clients span a wide range, from South Africans to clients from Australia, Central Asia, Europe, UK, Japan, Turkey, Dubai, East and West Africa and the full Southern African region. Her work in multinationals has allowed her to develop a keen appreciation for the challenges facing leaders who operate in multi-cultural global organisations.*

*Janine lectures and facilitates on all courses run by the Centre for Coaching as well as running in-house coaching workshops, Coaching Circles and leadership development interventions for blue-chip clients all over the world. She consults to organisations and teams locally and internationally on the design and implementation of coaching cultures, interventions and processes, as well as leading the implementation of such interventions.*

*She is a Professional Coach certified through the ICF (International Coach Federation, USA) and has certified as a Master Coach (MCC) through the same organisation, having over 3,000 coaching hours logged. She is a founding member of both the Coaches & Mentors Society of SA (COMENSA) and the Coach Educators and Training Association of South Africa (CETASA).*

*She has done Group Facilitation and depth consulting (Feather Assocs), as well as Enneagram certification (Adfen International) and has been accredited by New Ventures West as one of a handful of coaches who are qualified to deliver both the PCC and ACC programmes worldwide.*

*Janine also has a Bachelor of Arts from the University of the Witwatersrand (Johannesburg), a Postgraduate Diploma in Management (Human Resources) from the University of the Witwatersrand Business School, a Licentiate from the Royal Schools of Music (Violin Teaching) and a Masters in Business Administration from the UCT Graduate School of Business.*



# Cost

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## W I L D E R N E S S   C O A C H I N G   M A S T E R C L A S S

PACKAGE BEGINS AND ENDS AT MFUWE INTERNATIONAL AIRPORT

Cost includes:

Return charter flight from Mfuwe Airport to North Luangwa National Park;  
5-night wilderness coaching masterclass; post-masterclass materials and certificates; park fees,  
community and conservation levies, VAT and taxes

**\$5950**  
per participant

Cost excludes:

International flights; domestic flight from Lusaka to Mfuwe; gratuities; recommended overnight in Lusaka  
on 18 August and 24 August.

Recommendations:

Preferential rate pre-/post-masterclass safari extensions can be booked through Primal Pathways.

*Primal Pathways*

JOURNEYS THAT MATTER

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